

Ballarat food relief information 2022

Food relief, social connection and other resources

Salvation Army - food and vouchers

102 Eureka Street, Ballarat

Emergency Relief- *No face-to-face appointments*

Telephone 5337 0600 to arrange a phone interview and assessment Mon – Fri 9:15am – 2:15pm.

Bread and fruit able to be collected at the front of Reception Mon – Fri 9:15am -2:15pm

Café 102 – Hot takeaway main meal to be collected outside at the front of the reception area.

102 Eureka Street, Ballarat Tuesdays & Thursdays 12noon

Uniting Care - food and vouchers

105 Dana Street, Ballarat

Emergency Relief for those on low income or immediate financial crisis.

Book by phone 5332 1286 at **9am** at reception for an appointment (appointments fill fast)

available Monday – Friday 9am-2pm

BreezeWay Meals Program – Sit down hot meal

105 Dana Street, Ballarat

Monday – Friday 11.30 to 1pm.

Meals for Change

Support young people (aged 15-25) to access affordable meals in local cafes

Contact Jen on 0407 814 126

St Vinnies - food and vouchers and funding for medical scripts and MYKI top-ups

6 Dawson Street South, Ballarat. 10am – Midday, open Monday, Wednesday and Friday

15 Violet Grove, Wendouree 9.30am- 11.30am, open Monday, Wednesday and Friday

To organise a home visit for assistance call and leave a message on 5334 2844 someone will contact you.

Ballarat Neighbourhood Centre

11 Tuppen Drive, Sebastopol, 5329 3273

Fridays – Community lunch 12-2pm

Tuesdays & Thursday - Bread

Anglicare Victoria - community sit down breakfast

49 Lydiard Street South, Ballarat Monday – Friday 8.30am - 10am

Emergency Relief - food and vouchers

- 14 Victoria Street, Bakery Hill. Monday – Thursday 10.30am – Midday
 - 227 Albert Street, Sebastopol Closed till further notice
 - 103 Napier Street, Creswick Second Tuesday of the month 1-2.30pm
- Please phone for assistance. 5333 0600

Hilltop Church – food bank

503 Mair Street, Ballarat 3350

5331 5957

- Food Bank – fresh produce Friday 1.30pm – 2pm
- Free bread alternate Fridays
- Frozen meals available, please call to arrange (leave a message if unattended)

The Seventh Day Adventist Good Samaritan Centre - food pantry

Cnr Learmonth & Grevillea Road, Wendouree

Thursdays 12pm -1pm

\$5 donation for a bag of groceries (pantry staples and fresh food) Available to everyone, no registration required.

Soup Bus - Ballarat On Track Foundation - free hot dinner

124 Armstrong St South, Ballarat. (Cameron's Welding and Industrial Supplies)

Monday – Thursday 7.30pm-9pm

Sunday 5.30 pm – 7.30pm no registration required

Shower Bus - One Humanity - shower and clothes washing facilities

126 Armstrong st, Ballarat (located with the Soup Bus)

open Thursday 6-8pm and Sunday 5-7pm

Delacombe Community Garden

16 Nandiriog Drive Delacombe

For people to obtain fresh fruit, vegetables and herbs, the garden is open all year round

Food is Free Laneway

Corner Ripon St South & Warrior Place, Ballarat

Food is Free Laneway is a space for people to drop off or collect veggies, fruit and herbs and connect with the neighbourhood. <http://www.foodisfree.com.au>

Details may change without notice, contact organisation to confirm they are open and have food.

Victorian Government- emergency relief packages

The program is to support people in mandatory self-isolation, who have little or no food, and no network of family and friends to support them.

Each eligible household will receive a week supply of essential goods.

Food packages will include items such as long-life milk, pasta, cereal, canned vegetables and sugar. Personal care packages will also be distributed to eligible households and include soap, toothpaste and deodorant. Additional items may also be provided depending on the needs of the household, such as nappies or baby formula.

The packages will be delivered door-to-door. *They can take between 48hrs and 3 days to be delivered*

The emergency relief program for those in mandatory self-isolation only.

To qualify for support you must have been diagnosed with the Coronavirus.

Packages can be accessed by calling Victoria's Coronavirus hot-line on **1800 675 398 (press 5)**

The hotline can also refer people to other support services if needed.

**If you are concerned about Coronavirus or have any questions, please contact Victoria's Coronavirus hot line
1800 675 398**

Other useful contacts

Safe Steps Family Violence Response Centre - 1800 015 188 (free call 24 hrs).

You can also call (03) 9322 3555 or visit <https://www.safesteps.org.au/>

MensLine Australia - 1300 78 99 78 (24 hrs).

Support and information for men. to help men recognise and stop using violence or abuse. also, advice and support for men experiencing violence in their family or relationships. <https://mensline.org.au/>

Kids Helpline - 1800 551 800 (free call 24hrs).

Free, 24-hour phone and online counselling service for 5- 25 year olds. <https://kidshelpline.com.au/>

National Sexual Assault, Domestic and Family Violence Counselling Service - 1800 737 732 (free call 24 hrs).

1800 RESPECT sexual assault, domestic and family violence counselling service

You can also connect to an online counsellor from their website. <https://www.1800respect.org.au/>

Child Protection Emergency Service - 13 12 78 (free call 24 hrs).

Call the Child Protection if you believe a child needs to be protected from abuse or neglect.

You can also visit Child protection on our DFFH Services website for more information.

<https://services.dffh.vic.gov.au/child-protection>

Men's Referral Service - 1300 766 491(free call 24 hrs).

The Men's Referral Service helps men take action to stop using violent or controlling behaviour. The service provides anonymous and confidential telephone counselling.

Lifeline - 13 11 14 (free call 24 hrs).

Helps people experiencing a personal crisis with support and suicide prevention services.

DirectLine - 1800 888 236 (free call 24 hrs).

This phone service gives people access to drug and alcohol counselling, information, and referral to services.

<https://www.directline.org.au/>

Family Relationship Advice Line - 1800 050 321 (free call)

The Family Relationship Advice Line is a service for families experiencing relationship or separation issues.